

REGISTRATION FORM
REJUVANESSENCE WORKSHOPS

Name

Address

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Email

Telephone

Occupation

Please indicate which workshop you are booking:

Workshop 1

Workshop 2

Workshop 3

To secure a place please send a deposit of \$50 per workshop to address below. Checks made payable to TendingShen Inc.

TRAINING INCENTIVE

If you wish to register for all three workshops, a 10% discount will be applied to the total cost of training.

Credit Card Payment Option

Name on card:

Billing Address:

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Card #

Expiration date: CSC

Signature:

Date:

Please detach and return completed form to:

TendingShen, 1198 Ridge Road N, Ridgeway, ON L0S 1N0

Payment can also be made online: www.rejuvenessence.ca

CANCELLATION POLICY

Full refund less \$25 up to 30 days prior to commencement. 50% refund up to 10 days prior. No refunds thereafter unless cancelled by TendingShen in which event a full refund will be issued.

Rejuvenessence was devised by Margareta Loughran MA RGN and has been taught and practiced in the UK for over 20 years.

What people say:

"A form of facial massage, nicknamed 'the angel's touch' and really is how I imagine it would feel to have your face softly ironed by the fingertips of your favorite seraph." Olivia Lichtenstein, The Times Supplement

"A deeply restorative treatment which was more relaxing than full body massage." MJ California

"The difference was instantly visible. I not only looked alive and glowing, but I felt it too."
The Times (UK)

"I find most massage techniques too invasive. Rejuvenessence is a delightful contrast. It is like having a cranial treatment for the face: so light, so subtle, so wonderful to receive. It progressively enhances the senses of the face and head."
Niki H Bilton (Master of Acupuncture, UK & USA)

Julie Lawson B.Ed. Lic.Ac(UK), L.Ac(MD)

Certified trainer of Rejuvenessence

Julie trained in the UK with Margareta Loughran who developed Rejuvenessence. She is one of a handful of accredited, worldwide, Rejuvenessence trainers.

Julie is also an Acupuncturist living and working in Ontario, Canada. She is the principal of Ongiara College of Acupuncture and Moxibustion and a qualified teacher.

For more information:

www.rejuvenessence.ca

jl@rejuvenessence.ca

(905) 894 1323



REJUVANESSENCE

Practitioner Training

CANADA



WHAT IS REJUVANESSENCE?

Rejuvenessence is a holistic treatment combining craniosacral, light touch massage and acupressure techniques that is very gentle and wonderfully restful. This unique form of facial rejuvenation treatment slows down the ageing process and revitalizes the body/mind/spirit.

Rejuvenessence lifts your face by gently helping to release the tightened tissues. Skin regains its flexibility and your face looks more open and relaxed, smoother, younger and happier. As the course of treatment progresses lines and wrinkles begin to diminish as skin tone is firmed and improved. Stress held in facial muscles, the skull, the neck and shoulders is released.

Skin has two layers: the epidermis and the dermis. Stress and tension cause these layers to tighten around the blood vessels and lymph glands. The flow of nutrients and oxygen is depleted and waste products build up in the cells causing a lack-lustre complexion, tension in the muscles, blocking energy pathways which, in turn, result in pain and discomfort.

Rejuvenessence works on restoring connective tissue in all the treated muscles to make it more flexible and to enable the skin to gain back its elasticity from your younger days. Rejuvenessence also works on the points and meridians of acupuncture to release blocked qi, thus relieving headache, jaw, neck and shoulder pain.

Looking better is only the beginning ... you will also feel better, breathe better and experience more calm, tolerance and increased energy ... often with new realizations and insights into how to minimize your stress.

The visual improvement, for many people, becomes secondary as they discover that health and emotional well-being are also enhanced. Working on the acupuncture meridians of the head with special attention to key acupuncture points, the qi in the body is balanced, the nervous system is finely tuned and the harmony of body, mind and spirit is restored.

WORKSHOP 1

INTRODUCTION TO REJUVANESSENCE

This 2 day workshop stands alone and is the first stage in becoming a certified Rejuvenessence practitioner. Students will learn how to work with connective tissue, using light touch massage and about key acupressure points which contribute to the healing and relaxing effects of treatment. This course will teach a skill which can be used as a treatment in its own right or can easily be integrated into other forms of treatment. *Open to all.*

COST: \$300 plus GST

WORKSHOP 2

REJUVANESSENCE

In these 5 days, students will learn the series of unique treatments which together make up the Rejuvenessence protocol, working with the underlying muscles of the face, head, neck and shoulders. Includes honing skills of connective tissue work which is fundamental to the success of the treatments, meridian pathways and acupuncture points which influence the treatment, facial exercises, nutritional advice, working with clients and ethical practice will be covered. *Pre-requisite: successful completion of Workshop 1.*

COST: \$750 plus GST

WORKSHOP 3

CERTIFICATION COURSE

These 3 days are an essential part of becoming certified with the International Institute of Rejuvenessence. Students will be required to complete case studies for presentation and discussion in class. Includes complete review of techniques and building a practice.

Pre-requisite: Workshops 1 & 2

COST: \$450 plus GST

BENEFITS OF REJUVANESSENCE TREATMENT INCLUDE

- Creation of a more alive, healthy, relaxed appearance
- Improvement of skin tone
- Slowing of the ageing process
- Reduction of fine lines and wrinkles and firming of jaw line
- Restoration of connective tissue in the facial muscles
- Release of stressful experiences instilling confidence and empowerment
- Profound relaxation, healing of body mind and spirit

BENEFITS OF REJUVANESSENCE TRAINING INCLUDE

- This treatment is a wonderful adjunct to your current practice whether that be massage, aesthetics, acupuncture or other complementary modalities
 - You will attract a wider client base to your practice
 - Low overheads as no products are used in treatments
 - Training in interactive skills and practice building
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